A/B, 3, 2/57

To: File

Subject: SI and H Experimentation, 12 May 1953

On Tuesday, 12 May 1953, SI and H experimentation was carried on in Room 20, Building 13, b[redacted] and [redacted] with [redacted] as subjects.

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Inasmuch as the need for practical work was evident fo[redacted] the bulk of the work was conducted by these operators. Action was directed to the adaptation of a technique which would be best suited to each individual's personality [redacted] proceeded clinical approach, namely a slow induction via the relaxation method. A mild state of H was obtained in all three subjects.

An unusual occurrence, which was not easily explained, happened in the latter part of the eveing. [redacted] while working with [redacted] made some statement which was not remembered that caused [redacted] stiffen noticeably. In doing this, she sharply struck [redacted] with her foot. Immediatel[redacted]emed to awaken very startled and run toward the writer as if looking for someone to turn to for help. Noticing that [redacted] was trembling and on the verge of hysteria she was immediately put back into the hypnotic state. She was instructed while under H that the cause for her alarm would disappear upon awakening and she would be refreshed and relaxed. She was then awakened and appeared to be calm. An attempt was made to determine whether or not she remembered the instance that causedher alarm but she remember nothing which indicated that the entire episode took place while she was still under hypnosis.

Results of the evening's work were satisfactory in that [redacted] and [redacted] were afforded the opportunity of practicing their technique and developing their confidence which is much needed in this type of work.

[redacted]